

DR. JOEL R. GECHT

Nationally Renowned Psychologist



INTRODUCTION

Dr. Gecht is an industry-leading psychologist specializing in the design and implementation of customized behavioral healthcare and related services for colleges, universities, school systems, healthcare facilities and corporations. Based in Cleveland, Ohio, he routinely works with top-level executives providing consultation, coaching, counseling, and strategic planning assistance.

In his clinical practice, Dr. Gecht is best known for treating stress, depression, anxiety, and relationship problems. In addition, he can advise on problems related to psychosomatic illness, phobias, and motivation as well as helping individuals to enhance their self-esteem and performance objectives.

Dr. Gecht is highly skilled in the areas of psychodiagnostic assessment, testing, sports psychology, and hypnosis. He has also created innovative executive selection and on boarding support initiatives, and offers specialized leadership assessment, executive coaching and counseling assistance.

In previous years, Dr. Gecht taught undergraduate courses in organizational psychology, psychological testing and assessment and graduate-level clinical supervision at Florida State University and at Northwestern College. He also served as a specialist in special education for a New York City school district prior to enrollment in his doctoral program at Florida State University.

CURRENT ROLE

**CHIEF CLINICAL &
CONSULTING ADVISOR**
*FOR THE ALLONE
HEALTH FAMILY OF EAPS*

After an illustrious career as President & CEO, Founder & Owner of IMPACT Solutions, a premier leader in the fields of Employee and Higher Education Assistance programs, Dr. Gecht (along with IMPACT Solutions) has joined forces with emerging national EAP leader,
AllOne Health!

Today, Dr. Gecht serves as the in-house thought-leader and provider of executive oversight for key AllOne Health projects.

NATIONAL RECOGNITION

Dr. Gecht frequently serves as a featured speaker before professional, business, and community groups on a variety of subjects and has appeared often as a background expert for television, radio, and print news media. He served as staff psychologist for over seven years on WEWS-TV (ABC in Cleveland), during which time he appeared in more than 150 television programs. He has also been featured on several national radio and television programs.

He has also served as a consultant to hundreds of organizations throughout the United States, including colleges, universities, NASA, major banks, medical centers, educational systems, municipalities and Fortune 500 companies.

PROFESSIONAL ACHIEVEMENTS

Since 1981, Dr. Gecht, along with his team of cutting edge professionals, has been the driving force behind a number of innovative and successful programs and services, including:

- The development of the firm's forward-thinking higher education and healthcare support offerings
- The IMPACT Student Life Assistance Program ® for higher education
- The IMPACT Employee Assistance and Work/Life Program ®
- Personalized Medical Guidance ® (PMG) - designed to help contain overall healthcare costs
- Using Stress To Your Advantage™ stress management program
- Shifting Gears™ transition management series
- Author of two psychological suspense novels:
 - *Amanda Memories* (2010)
 - *Lander Circle* (2017)

INDUSTRY INVOLVEMENT

At the forefront of emerging behavioral healthcare innovation, Dr. Gecht is active in several leading professional organizations, including:



EDUCATION

- B.A. in Psychology from the City University of New York, Queens College
- M.S. in Psychology from the City University of New York, City College
- Ph.D. in Counseling Psychology from Florida State University
- Licensed Psychologist in the state of Ohio
- Diplomate of the American Board of Psychological Specialties in Psychological Assessment, Evaluation and Testing.

PERSONAL

Dr. Gecht is a proud husband and father of four sons and has four grandchildren.

He is an avid sports fan and creative writer who enjoys spending time with his family.

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