

## HOW TO BE AN EFFECTIVE LEADER

---

Leaders face a both challenging and rewarding job everyday. Leadership skills are a journey, and not a destination. As a leader, one should continue to evolve and develop skillset as often as they can. Be an example as a leader and practice some of the below techniques to help enhance your leadership abilities!

**HELP:** Help others and ask for help

**MOTIVATE:** Motivate other people

**ACHIEVE:** Achieve unity within their group

**GUIDE:** Guide those who need guidance

**ESTABLISH:** Establish goals and begin to work toward them

**HOLD:** Hold themselves accountable for their group's actions

**LISTEN:** Listen to those they are leading

If you are not where you want to be as a leader, reach out to your Employee Assistance Program. We can help support you and provide resources to advance your existing skillset!

