Virtual Counseling

Your assistance program offers virtual counseling as well as traditional in-person counseling, to ensure everyone has fast, effective and easy access to mental health support.

Whether you're looking for mental health support, dealing with change, trying to build self-awareness, working through relationship issues, managing a personal challenge, or simply wanting to talk, **your EAP is here to help**.

Services Are:

- **Professional & Private**
  All counseling is provided by Master's Level Clinicians and all information is confidential and HIPAA-compliant.

- **Convenient & Accessible**
  Access your private chat room on any device with internet connection at any time. Easily schedule your live sessions to a day and time that works around your busy schedule.

- **Free to Get Started**
  After your employer-covered sessions are complete, you may continue sessions with your counselor for a fee.

- **Available to Family Members**
  The assistance program is open to family members too.

- **Personalized**
  Our team of care connectors will make sure you are matched with a provider and counseling support that fits your needs.

How to Request Virtual Counseling Support:

1. Login or register in the EAP portal https://rsli.acieap.com (enter the company code, "**RSLI859**" to register)

2. Complete the online request form for counseling

3. Select "video" as the modality and in your comments, request "BetterHelp access"

4. ACI Specialty Benefits will then email you instructions to help you register and access the BetterHelp platform.

Receive care your way
with convenient options for mental health support.

In-the-Moment Counseling Support
Instantly connect to a clinician by phone

Video Counseling
Schedule a video session

Telephonic Sessions
Schedule a telephonic session

In-Person Sessions
Meet with a local clinician from our network

Contact ACI Specialty Benefits
Call: 855-775-4357
Visit: https://rsli.acieap.com
Code: **RSLI859**

reliancematrix
A MEMBER OF THE TOKIO MARINE GROUP

ACI SPECIALTY BENEFITS
An AllOne Health Company