

Country List <i>Lista de países</i>	Direct Dial <i>Marcaación directa</i>	Toll Free (where available) <i>Llamada gratuita (donde esté disponible)</i>	Languages <i>Lenguajes</i>
Afghanistan	+1-9193410250		English
Albania	+1-9193410265		English
Algeria	+1-9193410267		Arabic, French, English
American Samoa	+1-9193410259		English
Andorra	+1-9193410260		Spanish, French, Portuguese, English
Angola	+244-226434522		Portuguese, Spanish, English
Anguilla	+1-9842226970		English
Antigua and Barbuda	+1-9193410683		English
Argentina	+54-1152198862	08006663495	Spanish - LATAM, English
Armenia	+1-9842982761		Russian, English
Aruba	+1-9842048622	18336439542	Dutch, English, Spanish, French
Australia	+61-280466416	1800730931	English
Austria	+43-720902399	0800291381	German, English
Azerbaijan	+1-9193410269		English
Bahamas	+1-9842982718	18003890475	English
Bahrain	+1-9846649724	80080452	Arabic, English
Bangladesh	+1-9198663055		English
Barbados	+1-2466239894	18449466863	English
Belarus	+1-9848105358	882000110955	Russian, English
Belgium	+32-27006351	080081905	Dutch, French, English
Belize	+1-9193410264		English, Spanish
Benin	+1-9198663056		French, English
Bermuda	+1-9842982719	18552610433	English
Bhutan	+1-9842226973		English
Bolivia	+1-9198663057	800100145	Spanish - LATAM, English
Bonaire	+1-9193415594	18333805400	English, Dutch, Spanish
Bosnia and Herzegovina	+1-9193410270		English
Botswana	+1-9842982762	002698003002110	English
Brazil	+55-1135007922	08005918055	Portuguese Brazilian, Spanish, English
British Indian Ocean Territory	+1-9198663350		English
Brunei Darussalam	+1-9842982763		English
Bulgaria	+359-24901164	080046024	Bulgarian, English, Russian, German
Burkina Faso	+1-9198663058		French, English

Burundi	+1-9198663344		French, English
Cambodia	+1-9198663059		English
Cameroon	+1-9198663060		English
Canada	+1-4169562979	8778474525	French, English
Cape Verde	+1-9198663340		English, Portuguese
Cayman Islands	+1-3457498385	18335121563	English
Central African Republic	+1-9198663061		French, English
Chad	+1-9198663062		French, Arabic, English
Channel Islands	+44-2089875993		English, French
Chile	+56-442056602	800914352	Spanish LATAM, English
China	+86-2165773898	4009203300	Mandarin, English
Colombia	+57-6063111547	018005185158	Spanish-LATAM, English
Comoros	+1-9198663347		French, Arabic, English
Congo	+1-9193410272		French, English
Congo, The Democratic Republic of the	+1-9842982765		French, English
Cook Islands	+1-9193010366		English
Costa Rica	+506-46009193	08000320044	Spanish - LATAM, English
Cote D'Ivoire	+1-9193410273		French, English
Croatia	+1-9842982732	0800777921	English
Cuba	+1-9842226975		Spanish, English
Curacao	+1-9846649713	18886459618	Dutch, English
Cyprus	+1-9842982766	80077312	English, Greek
Czech Republic	+420-239018289	800701384	Czech
Denmark	+1-9842982723	80820036	English Only
Denmark*	+45-43310402	80609317	English, Danish
Diego Garcia	+1-9198663350		English
Djibouti	+1-9193410736		French, Arabic, English
Dominica	+1-9842048624	18336439540	English
Dominican Republic	+1-9198663063	18492001240	Spanish - LATAM, English
Ecuador	+1-9198663064	1800001353	Spanish - LATAM, English
Egypt	+1-9842982742	08000060504	Arabic, English
Egypt*	+1-9842982742	08000060492	Arabic, English
El Salvador	+503-21367467		Spanish - LATAM, English
Equatorial Guinea	+1-9193410275		Spanish, French, Portuguese, English
Eritrea	+1-9842226971		English
Estonia	+372-8804676	8000100432	Russian, English

Eswatini	+1-9842982767		English
Ethiopia	+1-9198663066		English
Faroe Islands	+44-2089876381		English
Fiji	+1-9198663067		English, Hindi
Finland	+1-9842982724	0800915905	English Only
Finland*	+1-9842982724	080094483	English, Finish
France	+33-142918533	0805987990	French, German, Dutch, English
French Guiana	+33-359711210		French, English
French Polynesia	+1-9193410261		French, English
Gabon	+1-9193410278		French, English
Gambia	+1-9198663351		English
Georgia	+1-9193410280		English, Russian
Germany	+49-8920194054	08007237177	German, English, French, Dutch
Ghana	+1-9198663068	307084846	English
Gibraltar	+1-9193410281		English
Greece*	+1-9198663085	8008481689	English, Greek
Greenland	+1-9842226956		English
Grenada	+1-9842982771		English
Guadeloupe	+33-359711211		French, English
Guam	+1-9843285125	18773014773	English
Guatemala	+502-22786394	18003000119	Spanish - LATAM, English
Guernsey	+44-2089875993		English, French
Guinea	+1-9198663070		French, English
Guinea-Bissau	+1-9198663071		English, Portuguese, French
Guyana	+1-9193410282		English
Haiti	+1-9198663072		English, French, Portuguese
Honduras	+504-22357539	80027919470	Spanish - LATAM, English
Hong Kong	+1-9842982729	800906115	English Only
Hong Kong*	+852-30024445	800969232	English, Cantonese
Hungary	+1-9842982734	0680080341	English Only
Hungary*	+36-19996726	0680088166	Hungarian
Iceland	+1-9842982735	8009698	English
India	+91-8066080031	0008000503110	English, Hindi
Indonesia	+62-2150918368	0018030152055586	Bahasa, English
Iran, Islamic Republic of	+1-9198663345		Arabic, English
Iraq	+1-9193410262		Arabic, English

Ireland	+353-12612700	1800490390	English
Isle of Man	+44-1287221860		English
Israel	+1-9842982736	1809494155	Arabic, English
Israel*	+972-37208062	1809494224	Hebrew
Italy	+39-0287103897	800727463	Italian, English
Jamaica	+1-8766279021	18776900777	English
Japan	+1-9849206117	08001000074	English
Japan*	+81-368662815	08002221990	English, Japanese
Jersey	+44-2089875993		English, French
Jordan	+962-64296409	080023812	Arabic, English
Kazakhstan	+1-9849206851	88003332647	Russian, English
Kenya	+1-9842982733	0800723119	English
Kenya*	+1-9842982733	0800723120	English
Kiribati	+1-9198663352		English
Korea, Democratic People's Republic of	+1-9842982744		English
Kosovo	+1-9842982768		English
Kuwait	+965-22063896		Arabic, English
Kyrgyzstan	+1-9193410283		Russian, English
Lao people's democratic republic	+1-9193410737		English, French
Latvia	+1-9849206846	80002719	Russian, English
Lebanon	+1-9193410253	01426801 and then dial 8333180670	Arabic, French, English
Lesotho	+1-9842982769		English
Liberia	+1-9842982770		English
Libyan Arab Jamahiriya	+1-9842982726		Arabic, English
Liechtenstein	+1-9848105333	0800110350	German, English
Lithuania	+1-9842982738	080030455	Lithuanian, Russian, English
Luxembourg	+352-20331049	80080925	Dutch, French, English, German
Macao	+853-68570564		English
Macedonia (North Macedonia)	+1-9842226954		English
Madagascar	+1-9842982772		French, English
Malawi	+1-9842982773		English
Malaysia	+1-9842982745	1800816551	English
Malaysia*	+60-377240442	1800813770	English, Malay
Maldives	+1-9193410724		English
Mali	+1-9198663074		French, Arabic, English
Malta	+1-9193410286		English

Marshall Islands	+1-9198663346		English
Martinique	+33-359711212		French, English
Mauritania	+1-9193410287		Arabic, English
Mauritius	+1-9849206833	8020490077	French, English
Mayotte	+1-9842682332		French, English
Mexico	+52-5585264935	8006811529	Spanish LATAM, English
Micronesia, Federated States of	+1-9198663352		English
Moldova, Republic of	+1-9842226972		English
Monaco	+1-9842226950		French, English
Mongolia	+1-9842226951		English, Russian
Montenegro	+1-9193410722		Serbian, English
Montserrat	+1-9193241499		English
Morocco	+212-530203015		French, Arabic, English
Mozambique	+1-9198663075		English, Portuguese, French
Myanmar	+1-9842226952		English
Namibia	+1-9842982774		English
Nauru	+1-9198663352		English
Nepal	+1-9842226953		English
Netherlands	+31-207038360	08000222285	Dutch, English, German, French
Netherlands Antilles	+1-9842226977		English, Dutch, Spanish
New Caledonia	+1-9198663348		French, English
New Zealand	+64-48303479	0800452908	English
Nicaragua	+1-9842982760	0018002260427	Spanish - LATAM, English
Niger	+1-9198663073		French, Arabic, English
Nigeria	+1-9193410254	07080601864	English
Nigeria*	+1-9193410254	07080601517	English
Northern Mariana Islands	+1-9193410696		English
Norway	+1-9842982740	80010233	English
Norway*	+47-24055493	80017022	English, Norwegian
Oman	+1-9842226912	80075554	Arabic, English
Pakistan	+1-9842982746	0080090044319	English
Palau	+1-9193410735		English
Palestinian Territory, Occupied	+1-9193410251		Arabic, English
Panama	+1-9842226949	8002602	Spanish, English
Papua New Guinea	+1-9193410230		English
Paraguay	+1-9842048602	0098004410118	Spanish, English

Peru	+51-17071595	080077028	Spanish, English
Philippines	+63-822269484	18001180020 and 180084937930	English
Philippines*	+63-283953455	180018880713 and 180089180105	Filipino
Poland	+1-9842226454	008001113815	English
Poland*	+48-222922700	008001410101	Polish
Portugal	+351-214542163	800180026	English, Portuguese (European)
Puerto Rico	+1-9198735645	18778474530	Spanish LATAM, English
Qatar	+1-9842226906	00800101750	Arabic, English
Reunion	+1-9198663342		French, English
Romania	+40-316300237	0800360218	Romanian, English
Russian Federation	+7-4999516690	88001009480	Russian, English
Rwanda	+1-9193410232		French, English
Saint Kitts and Nevis	+1-9842048609	18336438732	English
Saint Lucia	+1-9842048610	18336435294	English
Saint Martin (French)	+1-9842048613	18336436092	Dutch, French, English
Saint Vincent and the Grenadines	+1-9842048625	18336439544	English
Samoa	+1-9198663355		English
San Marino	+1-9193010375		English
Sao Tome & Principe	+1-9198663353		English, Portuguese
Saudi Arabia	+1-9842226455	8008500235	Arabic, English
Senegal	+1-9198663076		French, English
Serbia	+381-114251038	0800191017	Serbian, English
Seychelles	+1-9198663343		French, English
Sierra Leone	+1-9193410697		English
Singapore	+65-31583353	8008528674	English, Mandarin
Slovakia	+421-268622480	0800042406	Slovak
Slovenia	+1-9193410237	080488824	Slovenian
Solomon Islands	+1-9198663354		English
Somalia	+1-9193410700		Arabic, English
South Africa	+27-860023931	808775420	English
South Africa*	+27-875502320	0800991252	English
South Korea	+65-66922787	0800991254	English
South Korea*	+82-7047320469	0808800489	English, Korean
South Sudan	+1-9198663341		English
Spain	+34-918368897	900838416	Spanish, English
Sri Lanka*	+1-9193410257	0112029118	English, Sinhala

Sudan	+1-9198663077		Arabic, English
Suriname	+1-9193410678		Dutch, English
Sweden	+1-9842226921	020889233	English
Sweden*	+46-775757455	020980730	Swedish
Switzerland	+1-9842982741	0800557747	French, German, English
Switzerland*	+41-445112462	0800802481	Swiss, German
Syrian Arab Republic	+1-9198663338		Arabic, English
Taiwan	+86-2165773884	00801492022	Mandarin, English
Taiwan*	+886-277032446	00801491519	Taiwanese, Mandarin, English
Tajikistan	+1-9198663349		Russian, English
Tanzania, United Republic of	+1-9848105321	0800120046	English
Thailand	+65-66541656	0018008528403	English
Thailand*	+65-66541656	1800018145	English
Togo	+1-9198663080		French, English
Tonga	+1-9198663356		English
Trinidad and Tobago	+1-9842226961	18002030076	English
Trinidad and Tobago*	+1-9842226961	18665887236	English
Tunisia	+1-9842226962		Arabic, English
Turkey (Turkiye)	+90-8503902144	08006212245	English
Turkey (Turkiye)*	+90-8503902141	08006212205	Turkish
Turkmenistan	+1-9842226963		English
Turks and Caicos Islands	+1-9842048623	18336439543	English
Tuvalu	+1-9193241490		English
Uganda	+1-9193410679		English
Ukraine	+380-893240489	0800501027	Ukrainian, Russian, English
United Arab Emirates	+971-600575178	800035704696	Arabic, English
United Kingdom	+44-2089876230	0800243458	English
United States	+1-9197064551	18888517032	English
United States Minor Outlying Islands	+1-9197064551	18888517032	English
Uruguay	+1-9842048558	0004162045729	Spanish - LATAM, English
Uzbekistan	+1-9842226964		English
Vanuatu	+1-9842226976		French, English
Vatican City State (Holy See)	+1-9198663339		English
Venezuela	+1-9842226946	08006002345	Spanish - LATAM, English
Vietnam	+1-9193410263		English
Vietnam*	+84-2844582345	1800400028	Vietnamese, English

Virgin Islands (British)	+1-9842226974		English
Virgin islands (U.S.)	+1-9846649710	18883893479	English
Yemen	+1-9193410710		Arabic, English
Zambia	+1-9193410680		English
Zimbabwe	+1-9193410716		English

*Indicates additional numbers to covered local partners to expand language availability

*Indica números adicionales a los socios locales cubiertos para ampliar la disponibilidad del idioma

If preferred, or if encountering challenges in placing a phone call remember that in the portal you can request a direct call back

Si lo prefiere, o si tiene dificultades para realizar una llamada telefónica, recuerde que en la pagina puede solicitar que le devuelvan la llamada directamente.

The screenshot displays the ALLONE HEALTH website interface. At the top left is the logo for ALLONE HEALTH with a globe icon and the text "es-LA". To the right is a dark blue button with a white icon and the text "Conéctese con nosotros". Further right is a search bar with the text "Búsqueda" and a "BÚSQUEDA" button. Below the search bar are radio buttons for "Títulos" and "Contenido". A navigation menu is visible with items: "Página Principal", "Beneficios de su programa", "Internacional", and "Gerencia". A dropdown menu is open, listing: "Programar una cita", "LiveConnect - Habla con nosotros", "Plantear una inquietud", and "Solicitar que le contactemos". The last item, "Solicitar que le contactemos", is highlighted with a dashed border. Other menu items include "Enfermedades de los hijos" and "Envejecimiento". At the bottom left, there is a link: "Cómo comunicarse con el Programa de asistencia".