



# Medical Advocacy Can Help When It Matters Most

**Caring for yourself and loved ones can be time-consuming** and require many answers surrounding healthcare coverage and options. Medical Advocacy consultation and referrals through your Assistance Program can provide information, guidance, and resources to help.

Reach out to your Assistance Program for  
**referrals to a Medical Social Worker** for help with:

- Interpreting information related to claims, coverage
- Navigating healthcare
- Obtaining doctor referrals
- Securing medical equipment
- Planning for transitional care or discharge

*Your Assistance Program is free to use, confidential, and open to family members.*

Contact AllOne Health

Call: **855-RSL-HELP** (855-775-4357)

Visit: [allonehealth.com/reliance-matrix](http://allonehealth.com/reliance-matrix)

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